

## Things to know - Please read carefully

**'Mount Grace School'** Occupying 17 acres of beautiful grounds in a picturesque park landscape. It has a genuine partnership with the local community and it aims to be the community school of Potters Bar, with our wide-ranging facilities serving both the students and adult population of the town. **Make sure you bring a packed lunch and a bottle of water. Please dress appropriately and be prepared for all weather!**

## Medical Information

1. Does your child have any medical conditions that we should know about? If so please state. -

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2. Has your child had any injuries in the past 6 months and do they have any recurring injuries? -

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3. Does your child experience fainting or dizziness while exercising? -

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4. Is your child taking any medication that we should know about? If so what is it? -

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# Mount Grace School February Multi-Sports Camps

Supported by Potters Bar Extended Schools Consortium

The Mount Grace School February Camp is open to 6 - 12 years old, boys and girls. The Camp will focus on sports such as **Football, Tag Rugby, Netball Basketball, Cricket, Tennis, Softball, Rounders and Ultimate Frisbee** to mention a few!

The date of the February camp is:

**Wednesday 17<sup>th</sup> February– Thursday 18<sup>th</sup> February**

**8.30am—3.30pm**

\*Book per day or for the whole week.

\*All coaches and staff members are first aid qualified.

\*All coaches have the relevant National Governing Bodies qualifications for each individual sports.



# Sports Information

**Football** - Games, skills and activities ranging from 4v4 tournaments, cross bar challenge, show boating tricks and basic skills. Come and enjoy training like **Ronaldo!**

**Tennis** - Want to be the next **Andrew Murray?** Learn skills and techniques ranging from game situations to training drills.

**Cricket** - Games, skills and net practises using both soft and hard ball. Batting and fielding techniques will be practiced in the enjoyable session.

**Basketball** - Want to learn to shoot hoops? Enjoy basketball shoot outs, 1v1 tournaments and team competitions. Have fun playing like **Michael Jordan or Shaquille O'Neal!**

# How to book?

The cost of the course is listed below per student for each day or for a full week. All materials and equipment will be provided. Cheques can be made payable to 'Mount Grace School'. Please return this form and payment to

**'Mr D Roberts, Mount Grace School, Church Road, Potters Bar, Hertfordshire, EN6 1EZ'** or hand it in at the school reception.

For further information please call 01707-655512 (PE Office) or see the school website [www.mountgrace.org.uk](http://www.mountgrace.org.uk)

The Sports Camp will operate on a first come first served basis, so book early to avoid disappointment!

## Application Form

Child's Name: \_\_\_\_\_ Child's Age: \_\_\_\_\_

Parent/Guardian's Name: \_\_\_\_\_

Address \_\_\_\_\_

Postcode: \_\_\_\_\_

Telephone: \_\_\_\_\_ Mobile: \_\_\_\_\_

Email: \_\_\_\_\_

Name of Primary School: \_\_\_\_\_

Please circle the relevant boxes

Wednesday 17<sup>th</sup> February £15

Thursday 18<sup>th</sup> February £15

TWO DAYS £30

You will be notified if your child has been accepted on the course